

Scientific Programme
8th Annual Conference of
the Association of Physicians of India
(MALWA BRANCH)



MAPICON
BATHINDA 2021

(Awarded 16 Credit Hours by Punjab Medical Council)

(Letter No. PMC/CME/2021/5935 Dated: 11-02-2021)

Virtual (Recorded) & Physical Lectures

16th-19th September, 2021

Hotel Sepal, G.T. Road, Bathinda.

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Scientific Programme MAPICON Bathinda 2021

16th September 2021 (Thursday)



Registration 9:00am onwards, Breakfast 9:00am to 11:00am, Lunch 2:00pm to 4:00pm.



Dr. Raj Bahadur
Vice Chancellor,
BFUHS, Faridkot.

Inauguration :
(10:00am to 10:30am)



Dr. D K Singh
Director,
AIIMS, Bathinda.

10:30am to 11:10am

Acute Mountain Sickness



Rajiv Raina
MD, FICP, Consultant Physician,
Chairman, HP State API,
Raina Diabetes Centre,
Shimla.

11:10am to 11:45am

It's Time to Take Action Against Obesity... Action I O Study



Sandeep Suri
MD (Medicine), FIDM
Regional Faculty,
CCTDM, CCRDM, CCEBDM (PHFI),
Holy Help Hospital, Hisar.

11:45am to 12:15pm

Cardiac Surgery in Diabetics : The Science, the Medical Evidence & the Art



Harinder Singh Bedi
MCh, FIACS,
Director,
Cardio Vascular, Endovascular
& Thoracic Sciences
Ivy Hospital, Mohali.

12:15pm to 12:35pm

Food Security and Health



Tejvir Singh
Former Prof. & HOD,
Dept. of Community Medicine
Former Registrar,
Punjab Medical Council,
DRME, Punjab.

12:35pm to 12:50pm

COVID-19 and Obstructive Sleep Apnea-Deadly Duo.



S Ramnathan Iyer
MD(Medicine) FRCP(Glasgow),
FICP, FGSI, FISDA, FISH,
Consultant Physician-
Sleep Medicine,
Navi Mumbai.

12:50pm to 1:15pm

Early combination Therapy in Diabetes



A.K. Das
MD, Medicine,
Vice Chairman, API Bihar 20-23,
Chairman,
Sci. Commi. BAPICON.
Muzaffarpur Bihar.

1:15pm to 1:35pm

Does Law & Ethics Hamper Clinical Practice & Increase Violence?



R. M. Chhabra
MD (Med), FIMSA, FICP, FDI, FRCP
Senior Consultant Physician,
Fortis Hospital, Shalimar Bagh,
Saroj Super Specialty Hospital,
Delhi.

1:35pm to 2:10pm

Approach to Backache



Ved Chaturvedi
MD, DM. (Rheumatology)
Prof. Rheumatology,
Sir Ganga Ram Hospital,
New Delhi.

2:10pm to 2:40pm

Mental Health Issues Among Physicians



Sandeep Grover
Professor,
Department of Psychiatry
PGIMER,
Chandigarh.

2:40pm to 3:00pm

The Oil of Misfortune



Pawan Kumar Suri
MBBS, MD, DM, FRCP,
FESC, FSCAI
Chief Cardiologist,
SGL Superspecialty Hospital,
Jalandhar.

3:00pm to 3:25pm

Practicing Wellness : Need of the Hour



Anuj Maheshwari
Governor - American College
of Physicians India Chapter
Vice President RSSDI,
Professor & Head, Medicine,
BBDCODS, BBD University, Lucknow.

3:25pm to 3:50pm

Deprescribing in Older Patients : Poly to Oligopharmacy



B. K. Aggarwal
Professor of Medicine,
Principal,
MMIMSR, Mullana,
Ambala.

3:50pm to 4:10pm

Asymptomatic Hyperuricemia



Sujeet Raina
Associate Professor,
Dept of Medicine,
Dr. Rajendra Prasad Govt.
Medical College, Tanda.

4:10pm to 4:20pm

Cybersecurity in Healthcare



Arun Thapar
Consultant Physician,
Gomti Healthcare, Ludhiana.

4:20pm to 4:55pm

Lab Investigations in Rheumatology



Amit Kansal
DM, Rheumatology,
Consultant Rheumatologist,
KARE centre, Ludhiana.

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17th September 2021 (Friday)



Registration 9:00am onwards, Breakfast 9:00am to 11:00am, Lunch 2:00pm to 4:00pm.

Oral Paper Presentations: 10:00am to 11:30am, Conference Hall

Poster Paper Presentations: 1:00pm onwards, Registration Hall

11:30am to 11:55am


Cardiac Health Awareness in Women



Shibba Takkar Chhabra
DM (Cardiology), FACC, FCSI,
Professor of Cardiology
Hero DMC Heart Institute,
Dayanand Medical College,
Ludhiana.

11:55am to 12:15pm


**Tuberculosis in Women :
Unaddressed Issues**



Mohanjeet Kaur
MD Medicine, FICP, FIACM,
Medical Director &
Senior Medical Consultant,
Shree Raghunath Hospital,
Ludhiana.

12:15pm to 12:40pm


**Menopausal Transition and
Women Health Issues**



Gagan Priya
MD Medicine,
DM Endocrinology,
Sr. Consultant Endocrinologist,
Fortis and Ivy Hospitals,
Mohali.

12:40pm to 1:05pm


Neurology, Immunology and Women



Aastha Takkar Kapila
Asst Professor,
Dept. of Neurology,
PGI, Chandigarh.

1:05pm to 1:40pm


Approach to an Unconscious Elderly



Gursaran Kaur Sidhu
MD Medicine,
Sidhu Hospital,
Doraha.

1:40pm to 2:00pm


**Jugalbandi of Diabetes and Hypertension :
Management Issues**



Harbir Kaur Rao
MD (Med), FICP, FGSI, FIMSA,
Ex- Prof and Head,
Dept. of Medicine,
Prof I/C Dept. of Cardiology,
GMC, Patiala.

2:00pm to 2:40pm


**Medical Emergencies in Pregnancy :
Approach and Management Strategies**



Vandana Midha
Professor,
Department of Medicine,
Dayanand Medical College &
Hospital, Ludhiana.

2:40pm to 3:15pm

Psychiatric Aspects of Suicide



Poonam Bharti
MD Psychiatry,
Professor, Dept of Psychiatry,
MMIMSR, Mullana,
Ambala.

3:15pm to 3:40pm


Aspirin : Current Perspective



Sanjeet Singh Sodhi
MD, DNB, FCCP, DM (Card.)
Ex. Asst. Prof. Cardiology,
Director & Senior Cardiologist,
Dr. Sodhi's Healthcare, Mohali.

3:40pm to 4:05pm


Thyroid Orbitopathy



Gurinder Mohan
MD (Med), Prof. & Head,
Dept. of Medicine,
Sri Guru Ram Dass Institute of
Medical Sciences & Research,
Amritsar.

4:05pm to 4:30pm


ECMO: An Overview



Vivek Gupta
Consultant, Cardiac
Anaesthesia & Intensive Care,
Coordinator, ECMO Program,
Hero DMC Heart Institute,
Ludhiana.

4:30pm to 4:50pm


Stem Cell Transplantation : An Overview



Ajay Sharma
MD, (Med.) Fellowship in Clinical Hemat.
& Stem Cell Transp. Ex. Prof & Head,
Dept. of Clinical Hematology & BMT,
AFMC Pune & Sir Ganga Ram Hospital,
New Delhi.

4:50pm to 5:10pm


**Cardiac MRI: Role Above Coronary
Angiography or Echocardiography**



Dinesh Sood
Professor and Head,
Department of Radiodiagnosis.
Dr. Rajendra Prasad Govt.
Medical College, Tanda.

5:10pm to 5:30pm


**Glucose Variability :
How Important**



Shashank Joshi
Padam Shri Awardee,
Past President, API & RSSDI,
President, IAD & HSI.
Joshi Clinic, Lilawati Hospital,
Mumbai.

5:30pm to 5:50pm

**Ethic in Coronary
Revascularisation**



Rakesh Yadav
Prof. Dept. of Cardiology,
AIIMS, Delhi. Editor in Chief,
Indian Heart Journal.

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18th September 2021 (Saturday)



Registration 9:00am onwards, Breakfast 9:00am to 11:00am, Lunch 2:00pm to 4:00pm.

Oral Paper Presentations: 10:00am to 11:30am, Conference Hall

Poster Paper Presentations: 1:00pm onwards, Registration Hall

<p>11:30am to 11:55am</p> <p>New Advances in Cardiology</p>  <p>Sonu Sharma DM Cardiology, Delhi Heart Institute and Multispeciality Hospital, Bathinda.</p>	<p>11:55am to 12:15pm</p> <p>Health of Doctor</p>  <p>Deepak Bajaj MBBS, MS (General Surgery), DNB (Surgical Gastroenterology), Delhi Heart Institute and Multispeciality Hospital, Bathinda.</p>	<p>12:15pm to 12:35pm</p> <p>Utility of pre operative diagnosis in renal diseases.</p>  <p>Manjit Singh Bal Professor, Dept of Pathology, MMU & Hospital, Solan EX. Professor, Dept of Pathology, GMC, Patiala.</p>
<p>12:35pm to 12:55pm</p> <p>Anaemia in CKD</p>  <p>Jagjit Singh Bahia MD Medicine, Prof. Dept of Medicine, MMMC&H, Kumarhatti, Solan.</p>	<p>12:55pm to 1:15pm</p> <p>Allergic Disorders</p>  <p>Manpreet Singh Nanda MS ENT, DAA, FAIMER, Professor, Dept. of ENT, Dy Medical Supdt. & Director IQAC, MMMC&H, Kumarhatti, Solan.</p>	<p>1:15pm to 1:40pm</p> <p>Hypo and Hypercalcemia</p>  <p>Amritaksha Deb DM Nephrology, AIIMS, Delhi, Delhi Heart Institute and Multispeciality Hospital, Bathinda.</p>
<p>1:40pm to 2:10pm</p> <p>Approach to Management of Headache</p>  <p>Abhishek Garg DM Neurology, Consultant, Abhishek Neuro Centre, Namdev Road, Bathinda.</p>	<p>2:10pm to 2:30pm</p> <p>Ambulatory Blood Pressure Monitoring : An Overview</p>  <p>Ravinder Garg HOD Dept of Medicine, GMC, Faridkot.</p>	<p>2:30pm to 2:50pm</p> <p>Interventional Pulmonology : An Overview</p>  <p>Avneet Garg DM, Pulmonology, Consultant Pulmonologist, Bathinda.</p>
<p>2:50pm to 3:15pm</p> <p>Non Infectious Causes of Non- Resolving Pneumonia</p>  <p>K. Sailaja Professor and HOD, Dept. of Pulmonary Medicine, MediCiti Institute of Medical Sciences & Care Hospitals, Hyderabad.</p>	<p>3:15pm to 3:40pm</p> <p>Approach to Hirsutism</p>  <p>Shweta Bansal DM, Endocrinology, Bathinda.</p>	<p>3:40pm to 4:00pm</p> <p>Use of Vitamin D in Medical Practice : What is New?</p>  <p>Preeti Singh Dhoat HOD, Dept of Medicine, AIIMS, Bathinda.</p>
<p>4:00pm to 4:20pm</p> <p>Non Alcoholic Fatty liver Disease</p>  <p>Amandeep Kaur MBBS, MD, FACP, Assistant Professor, Deptt. of General Medicine, AIIMS, Bathinda.</p>	<p>4:20pm to 4:40pm</p> <p>Non coronary interventions</p>  <p>R. P Singh Chief Cardiologist & Director Pancham Hospital, Ludhiana</p>	<p>4:40pm to 5:00pm</p> <p>Updates in National TB Elimination Program</p>  <p>D Behera MD (Med), FCCP, FAMS, FNCCP, FICP, PADMA AWARDEE, President Indian Chest Society, Professor and Ex-HOD Dept. of Pulmonary Medicine, PGI, Chandigarh.</p>

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19th September 2021 (Sunday)



Registration 9:00am onwards, Breakfast 9:00am to 11:00am, Lunch 2:00pm to 4:00pm.

10:00am to 10:20am


How Can We Improve Acute Coronary Syndrome Care in India



P P Mohanan
MD, DM, FESC, FCSI.
President, Cardiological Society of India. Director & HOD Cardiology Westfort Hi-tech Hospital, Thrissur, Kerala

10:20am to 10:40am


Upper GI Bleed : What to Do?



Rajoo Singh Chinna
Director, Gastro. & Hepatobiliary Sciences Fortis Hospital, Ludhiana. Former Dean Academics, DMC, Ludhiana.

10:40am to 11:05am


Hospital Infection Control



Veenu Gupta
Professor & Head, Dept. of Microbiology DMCH, Ludhiana.

11:05am to 11:30am

Misuse of steroids



Sunil Gupta
Professor & Head, Dept. of Dermatology DMCH, Ludhiana.

11:30am to 12:05pm


Somatoform Disorders Masquerading as Physical Symptoms



Ravi Chand Sharma
Principal, MMMC&H, Kumarhatti, Solan. (Former DME&R, H.P., Principal & HOD Psychiatry, IGMC, Shimla)

12:05pm to 12:30pm

Hypertension Management : What is New in 2021



G S Wander
Past President, Association of Physicians of India, Chief Cardiologist, Hero DMC Heart Centre, Ludhiana.

Felicitations Ceremony 12:30pm to 1:30pm

12:30pm to 12:40pm

Welcome Address



G. S. Grewal
SAS Grewal Hospital, Ludhiana. Former President PMC.

12:40pm to 1:20pm


Chief Guest



Randeep Guleria
Director, AIIMS, Former Member, BOG, MCI, New Delhi.

1:20pm to 1:30pm


Guest of Honor



A.S. Sekhon
President, Punjab Medical Council (Invited, to be confirmed)

1:30pm to 1:50pm


Evolving trends in plastic surgery.



Sanjeev Uppal
Prof. Dept. of Plastic Surgery MMMC&H, Kumarhatti, Solan. Ex. HOD, Dept. of Plastic Surgery DMC, Ludhiana.

1:50pm to 2:10pm


Pre Analytical Variables - Impact On Laboratory Results



Bharti Uppal
Prof. Dept. of Biochemistry MMMC&H, Kumarhatti, Solan. Ex. HOD, Dept. of Biochemistry CMC, Ludhiana.

2:10pm to 2:35pm


Migraine : Role of Psychiatrist



Parul Sharma
MD, Psychiatry, Prof. & HOD, Dept of Psychiatry, MMMC&H, Kumarhatti, Solan.

2:35pm to 2:55pm


Scope of Interventional Radiology Services



Akhil Monga
Consultant Neuro & Vascular Interventional Radiologist, IVY Hospital, Mohali

2:55pm to 3:20pm


Psychiatric Morbidity in Medical Practice Management Implication



Om Prakash Singh
MD FRCP (EDIN), Editor in Chief, Indian Journal of Psychiatry, Prof. of Psychiatry, W.B. Medical Education Service, Kolkata.

3:20pm to 3:40pm


NOAC Navigation in Chronic Coronary Syndrome



H K Chopra
Past President, Indian Academic of Echocardiography & Cardiological Society of India, American Heart Association: Country Head Chief Cardiologist, Moolchand Medcity, New Delhi

3:40pm to 4:20pm


Deteriorating Doctor Patient Relationship : Etiology, Pathogenesis & Treatment



Neeraj Nagpal
MD, FIMSA, Physician & GI Endoscopist, Chairman, MLAG, Ex President, IMA, Director, Hope Gastrointestinal Diagnostic Clinic, Chandigarh.

4:20pm to 5:00pm

Advances in interventional Cardiology



Kavita Tyagi
MS, DNB Cardiology, Dharm Vira Heart Centre, Sir Ganga Ram Hospital, New Delhi.

Vote of Thanks

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