





Scientific Programme

8 Annual Conference of the Association of Physicians of India

(MALWA BRANCH)





(Awarded 16 Credit Hours by Punjab Medical Council)

(Letter No. PMC/CME/2021/5935 Dated: 11-02-2021)

Virtual (Recorded) & Physical Lectures

16th-19th September, 2021

Hotel Sepal, G.T. Road, Bathinda.

Visit www.apimalwa.com



16th September 2021 (Thursday)



Registration 9:00am onwards, Breakfast 9:00am to 11:00am, Lunch 2:00pm to 4:00pm.



Dr. Raj Bahadur Vice Chancellor, BFUHS, Faridkot.

Inauguration: (10:00am to 10:30am)



Dr. D K Singh Director, AllMS, Bathinda.

10:30am to 11:10am

Acute Mountain Sickness



Rajiv Raina MD, FICP, Consultant Physician, Chairman, HP State API, Raina Diabetes Centre, Shimla.

11:10am to 11:45am

It's Time to Take Action Against Obesity... Action I O Study



Sandeep Suri
MD (Medicine), FIDM
Regional Faculty,
CCTDM, CCRDM, CCEBDM (PHFI),
Holy Help Hospital, Hisar.

11:45am to 12:15pm

Cardiac Surgery in Diabetics : The Science, the Medical Evidence & the Art



Harinder Singh Bedi MCh, FIACS, Director, Cardio Vascular, Endovascular & Thoracic Sciences Ivy Hospital, Mohali.

12:15pm to 12:35pm

Food Security and Health



Tejbir Singh
Former Prof. & HOD,
Dept. of Community Medicine
Former Registrar,
Punjab Medical Council,
DRME, Punjab.

12:35pm to 12:50pm

COVID-19 and Obstructive Sleep Apnea-Deadly Duo.



S Ramnathan Iyer
MD(Medicine) FRCP(Glasgow),
FICP, FGSI, FISDA, FISH,
Consultant PhysicianSleep Medicine,
Navi Mumbai.

12:50pm to 1:15pm

Early combination Therapy in Diabetes



A.K. Das
MD, Medicine,
Vice Chairman, API Bihar 20-23,
Chairman,
Sci. Commi. BAPICON.
Muzaffarpur Bihar.

1:15pm to 1:35pm

Does Law & Ethics Hamper Clinical Practice & Increase Violence?



R. M. Chhabra
MD (Med), FIMSA, FICP, FDI, FRCP
Senior Consultant Physician,
Fortis Hospital, Shalimar Bagh,
Saroj Super Specialty Hospital,
Delhi.

1:35pm to 2:10pm

Approach to Backache



Ved Chaturvedi MD, DM. (Rheumatology) Prof. Rheumatology, Sir Ganga Ram Hospital, New Delhi.

2:10pm to 2:40pm

Mental Health Issues Among Physicians



Professor,
Department of Psychiatry
PGIMER,
Chandigarh.

2:40pm to 3:00pm

The Oil of Misfortune



Pawan Kumar Suri
MBBS, MD, DM, FRCP,
FESC, FSCAI
Chief Cardiologist,
SGL Superspeciality Hospital,
Jalandhar.

3:00pm to 3:25pm

Practicing Wellness : Need of the Hour



Anuj Maheshwari
Governor - American College
of Physicians India Chapter
Vice President RSSDI,
Professor & Head, Medicine,
BBDCODS, BBD University, Lucknow

3:25pm to 3:50pm

Deprescribing in Older Patients : Poly to Oligopharmacy



B. K. Aggarwal
Professor of Medicine,
Principal,
MMIMSR, Mullana,
Ambala.

3:50pm to 4:10pm

Asymptomatic Hyperuricemia



Sujeet Raina
Associate Professor,
Dept of Medicine,
Dr. Rajendra Prasad Govt.
Medical College, Tanda.

4:10pm to 4:20pm

Cybersecurity in Healthcare



Arun Thapar Consultant Physician, Gomti Healthcare, Ludhiana.

4:20pm to 4:55pm

Lab Investigations in Rheumatology



Amit Kansal DM, Rheumatology, Consultant Rheumatologist, KARE centre, Ludhiana.



17th September 2021 (Friday)



Registration 9:00am onwards, Breakfast 9:00am to 11:00am, Lunch 2:00pm to 4:00pm.

Oral Paper Presentations: 10:00am to 11:30am, Conference Hall Poster Paper Presentations: 1:00pm onwards, Registration Hall

11:30am to 11:55am

Cardiac Health Awareness in Women



Shibba Takkar Chhabra
DM (Cardiology), FACC, FCSI,
Professor of Cardiology
Hero DMC Heart Institute,
Dayanand Medical College,
Ludhiana.

11:55am to 12:15pm

Tuberculosis in Women : Unaddressed Issues



Mohanjeet Kaur
MD Medicine, FICP, FIACM,
Medical Director &
Senior Medical Consultant,
Shree Raghunath Hospital,
Ludhiana.

12:15pm to 12:40pm

Menopausal Transition and Women Health Issues



Gagan Priya
MD Medicine,
DM Endocrinology,
Sr. Consultant Endocrinologist,
Fortis and Ivy Hospitals,
Mohali.

12:40pm to 1:05pm

Neurology, Immunology and Women



Aastha Takkar Kapila
Asst Professor,
Dept. of Neurology,
PGI, Chandigarh.

1:05pm to 1:40pm

Approach to an Unconscious Elderly



Gursaran Kaur Sidhu

MD Medicine,
Sidhu Hospital,
Doraha.

1:40pm to 2:00pm

Jugalbandi of Diabetes and Hypertension : Management Issues



Harbir Kaur Rao
MD (Med), FICP, FGSI, FIMSA,
Ex- Prof and Head,
Dept. of Medicine,
Prof I/C Dept. of Cardiology,
GMC, Patiala.

2:00pm to 2:40pm

Medical Emergencies in Pregnancy : Approach and Management Strategies



Vandana Midha
Professor,
Department of Medicine,
Dayanand Medical College &
Hospital, Ludhiana.

2:40pm to 3:15pm

Psychiatric Aspects of Suicide



Poonam Bharti MD Psychiatry, Professor, Dept of Psychiatry, MMIMSR, Mullana, Ambala.

3:15pm to 3:40pm

Aspirin : Current Perspective



Sanjeet Singh Sodhi MD, DNB, FCCP, DM (Card.) Ex. Asst. Prof. Cardiology, Director & Senior Cardiologist, Dr. Sodhi's Healthcare, Mohali.

3:40pm to 4:05pm

Thyroid Orbitopathy



Gurinder Mohan
MD (Med), Prof. & Head,
Dept. of Medicine,
Sri Guru Ram Dass Institute of
Medical Sciences & Research,
Amritsar.

4:05pm to 4:30pm

ECMO: An Overview



Vivek Gupta
Consultant, Cardiac
Anaesthesia & Intensive Care,
Coordinator, ECMO Program,
Hero DMC Heart Institute,
Ludhiana.

4:.30pm to 4:50pm

Stem Cell Transplantation : An Overview



Ajay Sharma
MD, (Med.) Fellowship in Clinical Hemat.
& Stem Cell Transp. Ex. Prof & Head,
Dept. of Clinical Hematology & BMT,
AFMC Pune & Sir Ganga Ram Hospital,
New Delhi.

4:50pm to 5:10pm

Cardiac MRI: Role Above Coronary Angiography or Echocardiography



Dinesh Sood
Professor and Head,
Department of Radiodiagnosis.
Dr. Rajendra Prasad Govt.
Medical College, Tanda.

5:10pm to 5:30pm

Glucose Variability : How Important



Shashank Joshi
Padam Shri Awardee,
Past President, API & RSSDI,
President, IAD & HSI.
Joshi Clinic, Lilawati Hospital,
Mumbai.

5:30pm to 5:50pm Ethic in Coronary Revascularisation



Rakesh Yadav
Prof. Dept. of Cardiology,
AIIMS, Delhi. Editor in Chief,
Indian Heart Journal.

Virtual (Recorded) & Physical Lectures



18th September 2021 (Saturday)



Registration 9:00am onwards, Breakfast 9:00am to 11:00am, Lunch 2:00pm to 4:00pm.

Oral Paper Presentations: 10:00am to 11:30am, Conference Hall Poster Paper Presentations: 1:00pm onwards, Registration Hall

11:30am to 11:55am

New Advances in Cardiology



Sonu Sharma DM Cardiology, Delhi Heart Institute and Multispeciality Hospital, Bathinda.

11:55am to 12:15pm

Health of Doctor



Deepak Bajaj
MBBS, MS (General Surgery),
DNB (Surgical Gastroenterology),
Delhi Heart Institute and
Multispeciality Hospital,
Bathinda.

12:15pm to 12:35pm

Utility of pre operative diagnosis in renal diseases.



Manjit Singh Bal Professor, Dept of Pathology, MMU & Hospital, Solan EX. Professor, Dept of Pathology, GMC, Patiala.

12:35pm to 12:55pm

Anaemia in CKD



Jagjit Singh Bahia
MD Medicine,
Prof . Dept of Medicine,
MMMC&H, Kumarhatti,
Solan.

12:55pm to 1:15pm

Allergic Disorders



Manpreet Singh Nanda
MS ENT, DAA, FAIMER,
Professor, Dept. of ENT,
Dy Medical Supdt. &
Director IOAC,
MMMC&H, Kumarhatti, Solan.

1:15pm to 1:40pm

Hypo and Hypercalcemia



Amritaksha Deb
DM Nephrology, AIIMS, Delhi,
Delhi Heart Institute and
Multispeciality Hospital,
Bathinda.

1:.40pm to 2:10pm

Approach to Management of Headache



Abhishek Garg

DM Neurology,

Consultant,

Abhishek Neuro Centre,

Namdev Road, Bathinda.

2:10pm to 2:30pm

Ambulatory Blood Pressure Monitoring : An Overview



Ravinder Garg HOD Dept of Medicine, GMC, Faridkot.

2:30pm to 2:50pm

Interventional Pulmonology :
An Overview



Avneet Garg
DM, Pulmonology,
Consultant Pulmonologist,
Bathinda.

2:50pm to 3:15pm

Non Infectious Causes of Non- Resolving Pneumonia



K. Sailaja
Professor and HOD,
Dept. of Pulmonary Medicine,
MediCiti Institute of Medical
Sciences & Care Hospitals,
Hyderabad.

3:15pm to 3:40pm

Approach to Hirsutism



Shweta Bansal DM, Endocrinology, Bathinda.

3:40pm to 4:00pm

Use of Vitamin D in Medical Practice : What is New?



Preeti Singh Dhoat HOD, Dept of Medicine, AIIMS, Bathinda.

4:00pm to 4:20pm

Non Alcoholic Fatty liver Disease



Amandeep Kaur MBBS, MD, FACP, Assistant Professor, Deptt. of General Medicine, AIIMS, Bathinda.

4:20pm to 4:40pm

Non coronary interventions



R. P Singh Chief Cardiologist & Director Pancham Hospital, Ludhiana

4:40pm to 5:00pm

Updates in National TB Elimination Program



D Behera

MD (Med), FCCP, FAMS, FNCCP, FICP,
PADMA AWARDEE,
President Indian Chest Society,
Professor and Ex-HOD
Dept. of Pulmonary Medicine,
PGI, Chandigarh.



19th September 2021 (Sunday)



Registration 9:00am onwards, Breakfast 9:00am to 11:00am, Lunch 2:00pm to 4:00pm.

10:00am to 10:20am

How Can We Improve Acute Coronary Syndrome Care in India



P P Mohanan

MD, DM, FESC, FCSI.
President, Cardiological Society
of India. Director & HOD
Cardiology Westfort Hi-tech
Hospital, Thrissur, Kerala



Misuse of steroids



Sunil Gupta

Professor & Head, Dept. of Dermatology DMCH, Ludhiana. 10:20am to 10:40am

Upper GI Bleed: What to Do?



Rajoo Singh Chinna

Director, Gastro. & Hepatobilliary Sciences Fortis Hospital, Ludhiana. Former Dean Academics, DMC, Ludhiana.

11:30am to 12:05pm

Somatoform Disorders Masquerading as Physical Symptoms



Ravi Chand Sharma

Principal, MMMC&H, Kumarhatti, Solan. (Former DME&R, H.P., Principal & HOD Psychiatry, IGMC, Shimla) 10:40am to 11:05am

Hospital Infection Control



Veenu Gupta

Professor & Head, Dept. of Microbiology DMCH, Ludhiana.

12:05pm to 12:30pm

Hypertension Management : What is New in 2021



G S Wander

Past President,
Association of Physicians of India,
Chief Cardiologist,
Hero DMC Heart Centre,
Ludhiana.

Felicitation Ceremony 12:30pm to 1:30pm

12:30pm to 12:40pm

Welcome Address



G. S. Grewal

SAS Grewal Hospital, Ludhiana Former President PMC. 12:40pm to 1:20pm

Chief Guest



Randeep Guleria

Directo<mark>r, AIIMS,</mark> Former Member, BOG, MCI, New Delhi. 1:20pm to 1:30pm

Guest of Honor



A.S. Sekhon

President,
Punjab Medical Council
(Invited, to be confirmed)

1:30pm to 1:50pm

Evolving trends in plastic surgery.



Sanjeev Uppal

Prof. Dept. of Plastic Surgery MMMC&H, Kumarhatti, Solan. Ex. HOD, Dept. of Plastic Surgery DMC, Ludhiana.

2:35pm to 2:55pm

Scope of Interventional Radiology Services



Akhil Monga

Consultant Neuro & Vascular Interventional Radiologist, IVY Hospital, Mohali 1:50pm to 2:10pm

Pre Analytical Variables -Impact On Laboratory Results



Bharti Uppal

Prof. Dept. of Biochemistry MMMC&H, Kumarhatti, Solan. Ex. HOD, Dept. of Biochemistry CMC, Ludhiana.

2:55pm to 3:20pm

Psychiatric Morbidity in Medical Practice Management Implication



Om Prakash Singh

MD FRCP (EDIN), Editor in Chief,
Indian Journal of Psychiatry,
Prof. of Psychiatry,
W.B. Medical Education Service,
Kolkata

2:10pm to 2:35pm

Migraine: Role of Psychiatrist



Parul Sharma

MD, Psychiatry, Prof. & HOD, Dept of Psychiatry, MMMC&H, Kumarhatti, Solan.

3:20pm to 3:40pm

NOAC Navigation in Chronic Coronary Syndrome



HK Chopra

Past President, Indian Academic of Echocardiography & Cardiological Society of India, American Heart Association: Country Head Chief Cardiologist, Moolchand Medcity, New Delhi

3:40pm to 4:20pm

Deteriorating Doctor Patient
Relationship : Etiology,
Pathogenesis & Treatment



Neeraj Nagpal

MD, FIMSA, Physician & GI Endoscopist, Chairman, MLAG, Ex President, IMA, Director, Hope Gastrointestinal Diagnostic Clinic, Chandigarh. 4:20pm to 5:00pm Advances in interventional Cardiology



Kavita Tyagi MS, DNB Cardiology, Dharma Vira Heart Centre, Sir Ganga Ram Hospital,

Vote of Thanks