









# 12th Annual Conference of the Association of Physicians of India (Malwa Branch)

# MAPICON 2025

18<sup>th</sup> - 21<sup>st</sup> September 2025 Hotel Sepal, Bathinda

The largest HYBRID conference of the region.

Awarded 16 credit hours (Physical) & 5 credit hours (Virtual)

Vide letter No. PMC/CME/2025/365 dated 19-6-2025 & 580 dated 26-6-2025

Register online at www.apimalwa.com

### **MENTORS, ADVISORS & GUIDES**



Dr. G. S. Wander Past President, API.



Dr. Shashank Joshi Padma Shri, Past President, API.



Dr. Milind Nadkar Past President, API.



Dr. Jyotirmoy Pal President, API, Past Dean, ICP.



Dr. G Narsimulu President Elect, API.



Dr. Mangesh Tiwaskar Editor-in-Chief, JAPI.

### **ORGANISING COMMITTEE**



Prof. Dr. D.K. Singh Patron



**Dr. Rajiv Kumar** Chairman Org. Committee



Dr. K.K. Nohria Chairman Org. Committee



Dr. Rakesh Kakkar Chairman Sci. Committee



**Dr. Ashok Goval** Chairman Sci. Committee



Dr. M. R. Gupta Chairman Reg. Committee



**Dr. Kewal Krishan** Chairman Reg. Committee



**Dr. Sonia Arora** Office Secretary



Dr. Meghna Gupta Executive Org. Secretary



**Prof. Dr. Vitull K. Gupta Organising Secretary** 

### **CONFERENCE SECRETARIAT**

Kishori Ram Hospital Building, Kishori Ram Road, **Basant Vihar, Bathinda -151001** 



### REGISTRATION DETAILS FOR PHYSICAL ATTENDANCE

Category	30.09.2024 to 31.08.2025	Spot Regd. 1st to 19th Sept. 2025
Regd. Fee	₹ 5000/-	₹ 6000/-

### **Awarded 16 credit hours for Physical Attendance by Punjab Medical Council** Vide letter No. PMC/CME/2025/365 dated 19-6-2025.

Physical presence is must with photo ID for registration & collection of certificate. No spot registration after 3:00 pm on 19.09.2025, registration fee will not be refunded.

Send research papers to vituligupta2000@yahoo.com by 10<sup>th</sup> September 2025.

No individual message will be sent, please visit www.apimalwa.com regularly for updates.

### REGISTRATION DETAILS FOR VIRTUAL ATTENDANCE

Category	30.09.2024 to 31.08.2025	
Regd. Fee	₹ 1000/-	

### **Awarded 5 credit hours for Virtual Attendance by Punjab Medical Council** Vide letter No. PMC/CME/2025/580 dated 26-6-2025.

Delegates must login and attend online on all 4 days for issuance of certificate (5 credit hours). Incase of failure to login and attend MAPICON online, certificate will not be issued.

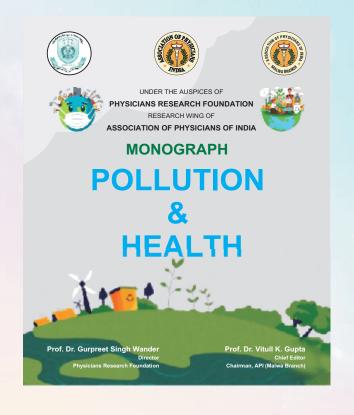
The certificate will be sent by email only. Registration fee will not be refunded.

Login details will be sent to delegates by email.

No individual message will be sent, please visit www.apimalwa.com regularly for updates.

**Download Free PDF Copy of** one of its kind book **POLLUTION & HEALTH** by renowned authors at www.apimalwa.com www.apiindia.org

This 34-chapter book provides detailed insights into the effects of air, water, soil, noise pollution and climate change on every system of the human body.



## Scientific Programme MAPICON 2025 18-09-2025, Thursday (Day-1)

Breakfast: 9:00am to 10:00am, Lunch: 2:00pm to 3:00pm

### Research Society for the Study of Diabetes in India (RSSDI) Session

### Moderator: K. K. Nohria

10.00am to 10.20am

### Cardiovascular-Kidney-Metabolic Syndrome



Puneet Saxena
Prof. & Unit Head,
Dept. of Medicine,
SMS Medical College
& Hospital,
Jaipur

10.20am to 10.40am

### Remission of Metabolic Disorders with Yoga and Lifestyle: Is It Possible?



Arvind Gupta
Senior Consultant Physician,
Dept. of Internal Medicine
and Diabetes,
RHL-Rajasthan Hospital,
Jaipur

10.40am to 11.00am

### Al in Cardio-Diabetes Care



Neelesh Kapoor
Director,
Advanced Center for Diabetes,
Thyroid and Obesity,
Noida

11.00am to 11.20am

### **Antibiotic Stewardship**



Pritam Singh
Professor,
Dept. of Medicine,
GMCH,
Chandigarh

11.20am to 11.40am

### **Rational Use of Blood and Blood Products**



Seema Mahant Professor, Dept. of Medicine, AIIMS, Bhopal

11.40am to 12.00pm

### Perioperative and Periprocedural Management of Antithrombotics



B K Agarwal
Professor of Medicine
Dean & Principal,
M M Institute of Medical
Sciences and Research,
Mullana, Ambala

### **General Session**

### Moderator: Vitull K. Gupta

12.00pm to 12.20pm

### Indian Hypertension Guidelines: What is New?



Gurpreet S Wander
DM, FACC, FAMS Principal
& Professor of Cardiology,
DMC&H, Ludhiana, Past President,
API, Past President HSI,
Director Physicians Research
Foundation (of API) India

12.20pm to 1.20pm

### Inauguration

1.20pm to 1.40pm

#### Approach to Management of Dyspensia



Atul Sachdeva
Ex. Director,
GMCH, Chandigarh,
Director Gastroentrology,
Max Hospital,
Mohali

1.40pm to 2.00pm

### New Initiatives in Secondary Health Care in Punjab



Anil Goyal
Director,
Punjab Health System Corp.
Chandigarh

2.00pm to 2.20pm

### Seeing the Unseen: Imaging for Women's CVD Prevention



Shibba Takkar Chhabra DM (Cardiology), FACC, FCSI Professor, Dept. of Cardiology, DMC&H, Ludhiana

### Research Society for the Study of Diabetes in India (RSSDI) Session

### Moderator: M. R. Gupta

2.20pm to 2.40pm

Glycemic Variability: What, Why & How?



Ravinder Garg
Professor & Head,
Dept. of Medicine,
GGS Medical College,
Faridkot

2.40pm to 3.00pm

GLP 1A Manjaro: The New Kid on the Block



Gursaran Kaur Director & HOD., Dept. of Medicine, Sidhu Hospital, Doraha, Ludhiana 3.00pm to 3.20pm

Altered Chrono Biology & Diabetes



Sandeep Suri MD Medicine, Consultant Physician and Diabetologist, Holy Help Hospital, Hisar, Haryana

### All India Institute of Medical Sciences (AIIMS) Session

### **Moderator: Ashok Goyal**

3.20pm to 3.40pm

**Recent Advances in CABG** 



Rajiv Gupta
Prof. & Head. CTVS &
Medical Superintendent,
AIIMS, Bathinda

3.40pm to 4.00pm

Environmental Impact of Drugs: Beyond the Patients



Gagandeep Kwatra Additional Prof. & Head, Dept. of Pharmacology, AIIMS, Bathinda 4.00pm to 4.20pm

Serum PSA Levels: Myths and Facts



Suresh Goyal Assistant Professor, Dept. of Urology AIIMS, Bathinda

# General Session Moderator: M. R. Gupta

4.20pm to 4.40pm

Tips And Tricks in Suspecting Malignancy



Navdeep Singh Senior Consultant Medical Oncology and Hematological Oncology AGI Gastro City, Ludhiana 4.40pm to 5.00pm

Asthma COPD Overlap Syndrome: What is New ?



Rakesh Goel Sr. Prof. & Head, Dept. of Medicine, Maharaja Agrasen Medical College, Agroha, Hisar 5.00pm Onwards

Scientific Paper Presentations

13<sup>th</sup> Annual Conference of the Association of Physicians of India (Malwa Branch)

MAPICON 2026

17<sup>th</sup> - 20<sup>th</sup> September 2026, Bathinda
The largest HYBRID conference of the region

### Scientific Programme MAPICON 2025 19-09-2025, Friday (Day-2)

Breakfast: 9:00am to 10:00am, Lunch: 2:00pm to 3:00pm

### **Indian Medical Association (IMA) Session**

### Moderator: K. K. Nohria

10.00am to 10.20am

Behind the Smile: Unseen Struggles of the Students Mind



Arun Bansal
Consultant Psychiatrist &
Nodal Officer Mental Health &
Deaddiction Program,

Civil Hospital, Bathinda

10.20am to 10.40am

Fibromyalgia: A Challenge in Diagnosis and a Test of Empathy



Jagroop Singh MBBS MD Medicine, PCMS -1, Medical Officer, Medical Specialist, Civil Hospital, Bathinda

10.40am to 11.00am

**Biologicals in Asthma** 



Assistant Professor, Dept. of Respiratory Medicine, Maharaja Agrasen Medicine College, Auroha

**Poonam Poonia** 

11.00am to 11.20am

**Pediatric Nuclear Medicine** 



Yasmeen Atwal Consultant Nuclear Medicine, KP Imaging, Bathinda

11.20am to 11.40am

**Management of Varicose Veins in 2025** 



Vikas Chhabra MS Surgery President, IMA Punjab Chhabra Hospital & Test Tube Baby Centre, Bathinda

11.40am to 12.00pm

When to do TKR



Deepak Bansal
MS Orthopaedic,
President, IMA Bathinda
Robotic Knee Replacement Surgeon
D.D Bone and Joint Hospital,
Bathinda

12.00pm to 12.20pm

**Approach to Headache** 



Abhishek Garg MD, DM (Neurology) PGI CHD Consultant Neurologist, Crystal Healthcare, Bathinda

12.20pm to 12.40pm

Approach to Patient of Interstitial Lung Disease (ILD)



Swaranjit S Bhullar DM Pulmonology Cristal Hospital, Bathinda

12.40pm to 1.00pm

Rewriting Mind at Night: An Overview



Nitika Dang
Consultant Geriatric &
Sleep Medicine, MBBS, Dip
Geriatric Medicine PGDGM,
Fellow, American Academy
of Sleep Medicine (UPenn, Harvard),
MBA (IIM-B), Naó Health, New Delhi

### Research Society for the Study of Diabetes in India, Punjab (RSSDI) Session

### Moderator: M. R. Gupta

1.00pm to 1.20pm

Non-Statin Therapy for Dyslipidemia: An Undate



Rajesh Jindal
Interventional Cardiologist
& Electrophysiologist,
Managing Director,
Jindal Heart institute and
Infertility Centre,
Bathinda

1.20pm to 1.40pm

Type-5 Diabetes / MRDM



Rohit Aggarwal
Director,
Aggarwal Health Care Centre,
Consultant Endocrinologist
Sadbhavna & Manipal Hospital,
Patiala

1.40pm to 2.00pm

**Management of Thyroid Eye Disease** 



Arpit Garg
MD, DrNB Endocrinology,
Consultant Endocrinologist,
Amar Hospital,
Patiala

2.00pm to 2.20pm

Diabetes Ketoacidosis: Manangement



Naveen Mittal Prof. & Head Dept. of Endocrinology, DMC&H, Ludhiana 2.20pm to 2.40pm

Diabetic Kidney Disease: Prevention and Management



Tanish Dhir Assistant Professor, Dept. of Nephrology, DMC, Ludhiana 2.40pm to 3.00pm

**Diabetic Retinopathy** 



Ginni Aggarwal Consultant Ophthalmologist, Civil Hospital, Jalandhar

### **General Session**

### **Moderator: Ashok Goyal**

3.00pm to 3.20pm

Ovarian Cyst:
Do All Need Treatment ?



Lajya Devi Goyal
Prof. and Head,
Dept. of Obstetrics
and Gynecology,
AIIMS, Bathinda

3.20pm to 3.40pm

Relevance of Genetic Testing in Medical Practice



Shifali Gupta MD (Paediatrics), DM (Medical Genetics) Clinical Geneticist, PGIMER, Chandigarh 3.40pm to 4.00pm

**Approach to Unknown Poisoning** 



Madan Mohan Bansal MD, Consultant Physician Sri Guru Nanak Hospital, Muktsar

4.00pm to 4.20pm

**MDR** infections in ICU



Manish Gupta
DM (Critical Care Medicine),
Head, Dept. of Critical
Care Medicine,
Livasa Hospital,
Amritsar

4.20pm to 4.40pm

Hyperparathyroidism: What Physicians Should Know?



Bharat Bhushan Medical Officer Incharge Cantonment General Hospital Cantonment Board, Ferozpur 4.40pm to 5.00pm

**MASLD: An Overview** 



Sahil Nohria DM Gastro, Consultant, Shrimann Multispecialty Hospital, Jalandhar

Scientific Programme MAPICON 2025

20-09-2025, Saturday (Day-3)

Breakfast: 9:00am to 10:00am, Lunch: 2:00pm to 3:00pm

### **Indian Dental Association (IDA) Session**

### Moderator: Parvinder Kaur

10.00am to 10.20am

**Gum Diseases and Health** 



Nidhi Verma MDS (Perio), DHA, Verma Hospital, Bhatty Road, Bathinda 10.20am to 10.40am

Impact of Occlusion on TMJ



Inderpreet Kaur
Prof. & HOD,
Adesh Institute of
Dental Sciences & Research,
Bathinda

10.40am to 11.00am

Periodontal Therapy and Glycemic Control in T2DM



Jatinder Singh
MDS, PhD
Hi Tech Dental Implant Centre,
Bathinda

### **General Session**

### Moderator: K. K. Nohria

11.00am to 11.20am

**Millets Reinvented** 



Usha Goyal MS Surgery, District Health Officer, Civil Hospital, Bathinda 11.20am to 11.40am

New Vs. Old Management Guidelines for MDR TB



Mohanjeet Kaur Medical Director and Senior Consultant, Shree Raghunath Hospital, Ludhiana 11.40am to 12.00pm

**Preventing Suicides in Youth** 



Meghna Gupta MD Psychiatry, Consultant Psychiatrist, CIMS, Mathura

12.00pm to 12.20pm

Acute Ischemic Stroke: Imaging and Mechanical Thrombectomy



Achal Goindi
Former SR Neuroradiology,
AllMS, New Delhi
Consultant Radiologist
Johal Multispeciality Hospital,
Jalandhar

12.20pm to 12.40pm

Osteoporotic Vertebral Fractures: The Silent Epidemic



Parth Bansal Consultant Orthopaedics, Spine and Trauma, Max Hospital, Mohali 12.40pm to 1.00pm

Bone Health in 21st Century:

Bone Health in 21st Century Beyond Calcium



Sandeep Gupta
Director Orthopedics,
Max Hospital,
Mohali

1.00pm to 1.20pm

**Total Hip Replacement: An Overview** 



Kheman Grover
Attending Consultant
Dept. of Orthopaedics
Max Super Speciality Hospital,
Bathinda

1.20pm to 1.40pm

**Polycystic Ovary and The Forgotten Uterus** 



Rajni Jindal
MS Gynecology,
Consultant Assisted Human
Reproduction & Director,
Jindal Heart & Infertility Centre,
Bathinda

1.40pm to 2.00pm

**Vertigo: Diagnosis and Management** 



Vaibhav Saini Additional Professor & Head Dept. of ENT, AIIMS, Bathinda

### **Innovative Physicians Forum (IPF) Session**

### Moderator: M. R. Gupta

2.00pm to 2.20pm

Clinical & Video Based Approach To Epilepsy



Man Mahan Mandhirata
D.M (Neurology),
Principal-Director,
Dept. of Neurology,
Dr. B. L. Kapur Hospital,
Delhi

2.20pm to 2.40pm

Type 1 Diabetes and Cardiovascular Risk



J K Sharma
Director & Senior Consultant,
Central Delhi Diabetes Centre,
Secretary General &
Global Ambassador,
Innovative Physicians
Forum (IPF), New Delhi

2.40pm to 3.00pm

**Gut Microbiota in CVD** 



A K Manchanda
Medical Director,
Curewell Diabetic &
Cardiac Centre,
Treasurer, Innovative Physicians
Forum (IPF), New Delhi

3.00pm to 3.20pm

**OSA:** Newer Insights



Puneet Khanna Sr. Consultant & HOD Dept of Respiratory & Sleep Medicine, Manipal Hospital, Dwarka, New Delhi 3.20pm to 3.40pm

**Approach to Hematuria** 



Meghna Aggarwal MD General Medicine, SR 3rd Year, DM Nephrology, GMC, Kota 3.40pm to 4.00pm

**Approach to Connective Tissue Diseases** 



Joban Preet Singh Deol Assistant Professor, Dept. of Medicine DMC&H, Ludhiana

### General Session

### Moderator: K. K. Nohria

4.00pm to 5.00pm

**ECG Quiz for Doctors** 



Padam Bhushan - 2005 Chairman and HOD Cardiology, BLK-Max Heart & Vascular Institute, New Delhi

T S Kler

5.00pm to 6.00pm

Scientific Paper Presentations

## Scientific Programme MAPICON 2025 21-09-2025, Sunday (Day-4)

Breakfast: 9:00am to 10:00am, Lunch: 2:00pm to 3:00pm

### Clinical Cardio Diabetic Society of India (CCDSI) Session

### Moderator: K. K. Nohria

9.40am to 10.00am

Steroid Induced Hyperglycemia



Shaibal Guha
Director,
Positive Health Centre, Patna,
Associate Prof. Nataji Subhas
Med. Coll. Patna CCDSI

10.00am to 10.20am

**Pre-Diabetes: Treat or Not to Treat** 



Rajesh Aggarwal Endocrinologist, Diabetes Overweight Thyroid Clinic, Indore 10.20am to 10.40am

ADA Standards of Care in Diabetes 2025 - What's New?



Braj Kishore Singh
Uttama Diagnostic Center,
Secretary, Savitri Memorial Trust,
Director of Mahadeva Lal
Schroff College of Pharmacy,
Aurangabad, Bihar

10.40am to 11.00am

Restoring the Warning Signs of Cardiometabolic Disorders



Anil Kumar Virmani
Consultant
Cardio-Diabetologist,
Viru's Diabetes &
Cardiac Care Center,
Jamshedpur, Jharkhand.
Dean, Indian College of CCDSI

11.00am to 11.20am

Hyponatermia



Mukesh Bhatia Chairman & Managing Director, Dr. Bhatia Medical Institute Senior Consultant, Fortis Hospital, Delhi 11.20am to 11.40am

**Heart to Heart Talk** 



T S Kler
Padam Bhushan - 2005
Chairman and HOD Cardiology,
BLK-Max Heart &
Vascular Institute,
New Delhi

11.40am to 12.40pm:

Felicitation Ceremony and Award Distribution

### **General Session**

### Moderator: Vitull K. Gupta

12.40pm to 1.00pm

**Laser for Prostate and Stones** 



Baldev Aulakh
Chief Urologist,
Transplant Surgeon,
Chairman,
Aykai Hospital,
Ludhiana

1.00pm to 1.20pm

Universal Healthcare: Role of Private Sector



Showkat Ahmad Parray
Former Deputy
Commissioner Bathinda,
Special Secretary (Finance) &
CEO of Punjab Waqf Board

1.20pm to 1.40pm

Quality vs Quantity: Challenges in Medical Education



Avnish Kumar
Director,
Medical Education & Research,
Government of Punjab,
Mohali

### Lipid Association of India (LAI) Session

### Moderator: K. K. Nohria

1.40pm to 2.00pm

LAI Recommendations for Management of Dyslipidemia



Karamveer Goyal
Director
Ludhiana Mediways Hospital,
Ludhiana, Member PMC
Member Executive Committee
Lipid Association of India

2.00pm to 2.20pm

LAI Recommendations for Management of Diabetic Dyslipidemia



Manikant Singla
Consultant Endocrinologist,
Director MKSENDOCONSULT,
Ludhiana
Secretary, Punjab Chapter,
Lipid Association of India

2.20pm to 2.40pm

LAI Recommendations for Management of Dyslipidemia in ACS



Ashish Saxena
Senior Consultant,
Medicine, Diabetes &
Non Invasive Cardiology,
Dr Saxena Medicenter, Ludhiana
Treasure, Punjab Chapter, LAI

### All India Institute of Medical Sciences (AIIMS) Session

### **Moderator: Sonia Arora**

2.40pm to 3.00pm

Molecular Subtyping of CA Breast: Present & Future



Manjit Kaur HOD Dept. of Pathology, AIIMS, Bathinda 3.00pm to 3.20pm

National Guidelines for Snakebite Management



Rakesh Kakkar HOD, Dept. of CFM, AIIMS, Bathinda 3.20pm to 3.40pm

Transplantation of Human Organs & Tissue Act 1994. Implications in Punjab



Kawaljit Singh Kaura M.Ch. Urology (Gold Medal) Associate Prof & Head, Dept of Urology and Renal Transplantation, AIIMS, Bathinda

3.40pm to 4.00pm

Al in Lab: A Revolutionary Inclusion



Monica Kakkar Additional Professor, AIIMS, Bathinda 4.00pm to 4.20pm

Common Paediatric Surgical Conditions in Office Practice



Ram Samujh
Professor & HOD,
Dept. of Pediatric Surgery,
AIIMS, Bathinda

4.20pm to 5.00pm:

Delegate Certificate Distribution,

Valedictory Function

and Vote of Thanks

Subscribe to YouTube channel for more than 450 lectures https://www.youtube.com/@ProfDrVitullKGupta